



# NCCP Fundamental Movement Skills Course

September 19, 2015 • Smithers, BC

Participants gain a coaching certification number from the Coaching Association of Canada and a trained status in Fundamental Movement Skills. Based upon the fundamental stages of the Canadian Sport for Life model of long-term athlete development, this workshop explores core National Coaching Certification Program (NCCP) themes such as fair play, safety, responsibility, and communication with an innovative skill development process. Participants are given the opportunity to practice strategies to improve fundamental movement skills such as running, jumping, throwing, and catching.

Date: **Saturday, Sept 19, 2015**

Time: **8:30am - 4:30pm**

Location: **Smithers, BC**

Cost: **\$10.00**

Registration for 16 +

<http://pacificsportnorthernbc.com/events-calendar>

For more information  
& to register online:  
[www.pacificsportnorthernbc.com](http://www.pacificsportnorthernbc.com)



The best way to play™

PacificSport Northern BC Charles Jago Northern Sport Centre • 3333 University Way, Prince George, BC • Canada • V2N 4Z9 • 250.960.5348  
Pomeroy Sport Centre • 9324 - 96 Street, Fort St. John, BC • Canada • V1J 0H6 • 250.794.3308